



Dear Don,

Nike would like to invite you to participate in its SPARQ Open Gym Program. The program is tentatively scheduled for these dates/times:

- 9/18 – Iowa City, IA – Robert A. Lee Recreation Center (7:00-10:00pm)
- 9/20 – Clive, IA – Seven Flags Event Center (1-5 pm)
- 9/21 – Davenport, IA – Beyond the Baseline (1-5 pm)

Please RSVP to 1 of these locations with an estimated number of participants as soon as possible.

The SPARQ Training program will consist of two 60-minute sessions. Each athlete will receive Nike product to trial during the event.

Once the athletes are registered, they will be given information and instruction regarding the SPARQ Testing. During the first session, the athletes will be taken through our SPARQ Testing that is intended to measure sport-specific athleticism. Athletes will participate in tests that include: vertical jump, endurance jump, shuttle sprint, and the agility cone drill. The program will also consist of an Open Gym session that will allow the athletes to play a full-court game.

Please keep in mind that this program is not considered a practice, as coaches will not be giving their athletes basketball instruction. Nike and SPARQ will provide the athletes with SPARQ instruction and will execute the program.

Please click the following links to see examples of past SPARQ Training programs.

[SPARQ Training - Boys Basketball](#)

[SPARQ Training - Girls Basketball](#)

Please feel free to contact me with any questions regarding the event. Thank you.

Sincerely,

Dan Rogers

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